



# Tensiofytol®

## MECHANISM OF ACTION

**Dry olive leaf extract** (*Olea europaea*) contains polyphenols including hydroxytyrosol, one of the most powerful antioxidant and antiradical found in nature.

The **olive leaf** (*Olea europaea*) is mainly composed of oleuropein, polyphenols and esters. Oleuropein is the olive leaf's most active ingredient. In the body it is mainly transformed into hydroxytyrosol.

**Numerous scientists have studied the olive leaf and they have been able to demonstrate that it contributes to the maintenance of a normal blood pressure.**

## DIRECTIONS FOR USE

### ADULTS FROM 18 YEARS

**1** morning and evening

*The first immediately after waking up in the morning and the second in the evening, with a large glass of water.*

**Precautions:** Do not use **Tensiofytol®** during pregnancy and breastfeeding ▪ Keep out of reach of young children ▪ Do not exceed the stated recommended daily dose ▪ Should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

## INGREDIENTS per capsule

**Olive leaf dry extract** (*Olea europaea*) 167 mg ▪ Capsule shell : bovine gelatine ▪ **Olive fruit dry extract** (*Olea europaea*) 53 mg ▪ Bulking agents : microcrystalline cellulose, tricalcium phosphate ▪ Anticaking agents : silicon dioxide, talc, magnesium salts of fatty acids ▪ Colours : iron oxides.

**Tensiofytol®** is standardised at 100 mg oleuropein and 20 mg hydroxytyrosol for 2 capsules per day.

