



Cholesfytol® NG

To stay healthy, it is important to control your cholesterol level as well as the rate of bad cholesterol (LDL). On the other hand it is also essential to reduce the oxidation of cholesterol.

MODE OF ACTION

Amla, better known as the «Indian gooseberry», is extremely rich in vitamin C and commonly used in Ayurvedic tradition. Its use in extract form provides the benefits of all active substances.

Dry **walnut leaf** extract, rich in polyphenols and more precisely in tannins, helps to control the lipid metabolism (cholesterol and triglycerides) in combination with a balanced diet.

Dry **olive fruit** extract contains hydroxytyrosol, one of the most powerful antioxidants and antiradicals found in nature. The olive fruit contributes to maintaining a normal blood pressure.

Red yeast rice (rice fermented with the yeast *Monascus purpureus*) contains monacoline K, in a composition that enables direct absorption by the body.

USAGE

ADULTS

2 1x/day,

Both pills are to be taken in the evening before bedtime

Cholesfytol® NG can be used all year round without interruption.

Precautions:

This product is unsuitable for women who are pregnant or breastfeeding, children under 18 and adults over 70 years of age. • Ask the advice of a doctor about the consumption of this product in case of health problems. • Should not be consumed by those taking cholesterol-lowering medicinal products. • Should not be consumed if you are already taking products containing red yeast rice. • Not to consume a daily amount of 3mg of monacolins from red yeast rice or more.

If in doubt, please seek advice from your doctor or pharmacist. • Keep out of reach of young children. • Do not exceed the recommended daily dose. • Should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

INGREDIENTS per tablet

Amla dry extract (*Phyllanthus emblica*) **500 mg** • Bulking agent : microcrystalline cellulose • **Walnut leaf dry extract** (*Juglans regia*) **50 mg** • Starch • Anticaking agent : silicon dioxide • **Red yeast rice powder** (*Monascus purpureus*) **33.6 mg** (equivalent to 1.45 mg of monacolins) • **Olive fruit dry extract** (*Olea europaea*) **25 mg** (equivalent to 5 mg hydroxytyrosol) • Bulking agent : magnesium oxide • Glazing agents : hydroxypropyl cellulose, hydroxypropyl methyl cellulose, calcium carbonate • Anticaking agents : talc, magnesium salts of fatty acids • Colour : copper complexes of chlorophyllins.