



### Processing certified by Certisys

- at least 95 % organic ingredients of agricultural origin
- 100% natural flavours



### RELAXING

- **Lime** : to have calm & restful nights.
- **Lime-Bitter orange** : contributes to a peaceful and restful sleep.
- **Passion flower-Balm** : useful during times of stress.
- **Verbena** : calms the mind.
- **Verbena-Bitter Orange** : participate to the relaxation.

### DIGESTION

- **Apple-Rhubarb-Senna** : supports the intestinal transit.
- **Camomile** : soothes the digestive system.
- **Balm-Mint** : supports good digestion.
- **Fennel** : useful in case of digestive gases.
- **Gember-Lemon** : to take care of your stomach.  
Also during pregnancy.
- **Turmeric-Liquorice** : maintains the digestive balance.

### JOINTS

- **Blackcurrant** : maintains the joint flexibility.
- **Nettle** : invigorating and beneficial for the joints.

### WOMEN

- **Fennel-Anise** : promotes breast milk production.
- **Red vine & red fruits** : relieves sensations of heavy legs.
- **Sage-Lavender** : participates to the balance of the female functions.

### TRANSIT

- **Apple-Rhubarb-Senna** : supports the intestinal transit.

### WINTER

- **Cinnamon-Orange** : helps overcome colds.
- **Cinnamon-Echinacea** : supports natural defenses.
- **Primrose-Plantain** : soothes and softens the respiratory tracts.
- **Thyme** : clears the throat.
- **Thyme-Eucalyptus-Honey** : clears the throat and provides a pleasant breath.

### WELL-BEING

- **Ginkgo-Green Tea** : supports the memory and concentration.
- **Green tea** : healthy and tonic drink.
- **Green tea-Mint** : participates to the restoration of energy to body and mind.
- **Rooibos-Green Tea** : prevents the ageing of the cells.

### SLIMMING

- **Fennel-Hibiscus** : helps "flatten" the stomach.
- **Green tea-Java tea** : helps drain the tissues.
- **Green tea with citrus fruits** : helps burn off fat.

### DETOX

- **Burdock-Dandelion** : useful after overeating and by changes of season.

### CHOLESTEROL

- **Hawthorn-Turmeric** : helps to control the cholesterol levels.