



## Cholesfytol® NG

To stay healthy, it is important to control your cholesterol level as well as the rate of bad cholesterol (LDL). On the other hand it is also essential to reduce the oxidation of cholesterol. Cholesfytol® NG helps to control the lipid metabolism (cholesterol and triglycerides).

### MODE OF ACTION

The **amla** dry extract works in several different ways. Its ability to boost the liver receptors plays a role in the LDL-cholesterol metabolism.

Dry **walnut leaf** extract, rich in polyphenols and more precisely in tannins, helps to control the lipid metabolism (cholesterol and triglycerides) in combination with a balanced diet.

Dry **olive fruit** extract contains hydroxytyrosol, one of the most powerful antioxidants and antiradicals found in nature. Hydroxytyrosol helps to reduce the oxidation of LDL-cholesterol (bad cholesterol) and therefore its adhesion to the vascular walls. The olive fruit contributes to maintaining a normal blood pressure.

**Red yeast rice** (rice fermented with the yeast *Monascus purpureus*) contains monacoline K, in a composition that enables direct absorption by the body. The preparation process guarantees optimal effect in controlling "bad" cholesterol.

### USAGE

#### ADULTS

2  1x/day,

Both pills are to be taken in the evening before bedtime

**Cholesfytol® NG can be used all year round without interruption.**

#### Precautions:

This product is unsuitable for : women who are pregnant or breastfeeding, children and adolescents • those over 70 years of age • those with liver, kidney or muscular problems • those taking medicinal products liable to interact (e.g.: cholesterol-lowering drugs) • those intolerant to statins.

If in doubt, please seek advice from your doctor or pharmacist. • Keep out of reach of young children. • Do not exceed the recommended daily dose. • Should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

### INGREDIENTS per tablet

**Amla dry extract** (*Phyllanthus emblica*) **500 mg** • Bulking agent : microcrystalline cellulose, magnesium oxide • **Walnut leaf dry extract** (*Juglans regia*) **50 mg** • Starch • Anticaking agent : silicon dioxide, magnesium salts of fatty acids, talc • **Red yeast rice powder** (*Monascus purpureus*) **33.6 mg** (equivalent to 1.45 mg of monacoline K) • **Olive fruit dry extract** (*Olea europaea*) **25 mg** (equivalent to 5 mg hydroxytyrosol) • Glazing agents : hydroxypropyl methyl cellulose, calcium carbonate, polydextrose • Anticaking agents : talc, magnesium salts of fatty acids • Maltodextrin • Medium chain triglycerides • Colour : copper complexes of chlorophyllins.

