



# Flexofytol<sup>®</sup> FORTE

Flexofytol<sup>®</sup> FORTE cleverly combines the benefits of curcuma, *Boswellia serrata* and vitamin D thanks to a unique technology designed to keep joints in great shape throughout the year!

## USAGE

Ageing, repetitive movements, sports, obesity, shocks... our joints have a lot to put up with on a daily basis. If you wish to preserve your mobility and quality of life, taking care of your joints is essential.

Flexofytol<sup>®</sup> FORTE, thanks to the synergy between three exclusive active ingredients, turmeric, *Boswellia serrata* and vitamin D, helps to **maintain the flexibility and suppleness of joints, muscles and tendons.**

## EXCLUSIVE COMPOSITION

Flexofytol<sup>®</sup> FORTE is an innovation developed by Tilman to take advantage of the best of the exclusive extracts of turmeric and *Boswellia serrata*, and to provide you with optimal effect to help you keep moving easily:

- **The standard extract of turmeric** contains curcumin, a powerful antioxidant which aids joint flexibility, and has been the subject of clinical studies on over 2,800 people in Belgium.
- ***Boswellia serrata* resin**, containing boswellic acids as its key active ingredients, is known to benefit joints. Like turmeric, its benefits have been scientifically studied.
- **Vitamin D** contributes to maintaining normal muscle function.

## SAFE FORMULA

The safety of curcumin and boswellic acids has been analysed in multiple studies, and the two plants may be combined over the long term with excellent gastric tolerance.

## RECOMMENDED USE

INITIAL PHASE	MAINTENANCE PHASE
1  in the morning and evening	1  in the morning

Swallow with water. Flexofytol<sup>®</sup> FORTE does not need to be taken with food.

**For the best results, it is recommended to keep taking Flexofytol<sup>®</sup> FORTE over time.**

Flexofytol<sup>®</sup> FORTE contains neither gluten nor lactose.

**Warnings:** do not use during pregnancy or breastfeeding, nor in case of biliary tract obstruction. • Flexofytol<sup>®</sup> FORTE is not recommended for use by children under the age of 18. • Consult your doctor before combining with anticoagulants.

**Conservation:** Store at room temperature in the original packaging. Shelf life: see expiry date on the packaging (month/year).

## INGREDIENTS per tablet

Bovine collagen hydrolysate • Bulking agent: microcrystalline cellulose • Standardised exclusive dry extract of *Curcuma longa* rhizome 237 mg including 200 mg curcumin • Stabiliser: glycerol • Exclusive *Boswellia serrata* oleoresin 51 mg standardised to 65% boswellic acids • Starch • Carrier: cross-linked sodium carboxymethylcellulose • Anticaking agents: silicon dioxide, talc, magnesium salts of fatty acids • Cholecalciferol (Vitamin D) 3 µg (for 2 tablets = 6 µg or 120% NRV\*) • Coating agents: hydroxypropylmethylcellulose, hydroxypropylcellulose • Colour: iron oxides and hydroxides. \*NRV = Nutrient Reference Value



**Tilman<sup>®</sup>**

Flexofytol<sup>®</sup> FORTE is available in packs of 28 and 84 tablets.

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For more information on Flexofytol<sup>®</sup> FORTE, please consult our website [www.flexofytol.be](http://www.flexofytol.be)