

Tensiofytol®



MECHANISM OF ACTION


Dry olive leaf extract (*Olea europaea*) mainly contains polyphenols including hydroxytyrosol. Hydroxytyrosol is the most powerful antioxidant and antiradical found in Nature. Thanks to its antioxidant characteristics, hydroxytyrosol helps to reduce the oxidation of LDL cholesterol and the formation of atheromatous plaques.

The **olive leaf** (*Olea europaea*) is mainly composed of oleuropein, polyphenols and esters. Oleuropein is the olive leaf's most active ingredient. In the body it is mainly transformed into hydroxytyrosol.

Numerous scientists have studied the olive leaf and they have been able to demonstrate that it contributes to the maintenance of a normal blood pressure.

DIRECTIONS FOR USE

ADULTS FROM 18 YEARS

1  morning and evening

The first immediately after waking up in the morning and the second in the evening, with a large glass of water.

Precautions: Do not use **Tensiofytol®** during pregnancy and breastfeeding • Keep out of reach of young children • Do not exceed the stated recommended daily dose • Should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

INGREDIENTS per capsule

Olive leaf dry extract (*Olea europaea*) 167 mg • Capsule shell : gelatine • **Olive fruit dry extract** (*Olea europaea*) 53 mg • Bulking agents : microcrystalline cellulose, tricalcium phosphate • Anticaking agents : silicon dioxide, talc, magnesium salts of fatty acids • Colours : iron oxides.

Tensiofytol® is standardised at 100 mg oleuropein and 20 mg hydroxytyrosol for 2 capsules per day.